

# Autumn is here!

Autumn is here! The A/W09' collections have long since arrived and it's time to bid farewell to your bikini (is that a collective sigh of relief I hear? Or one of sadness as it's probably unworn?)

The best advice I can give to you is to buy at the beginning of the season which starts NOW. It does seem a tad depressing that when the temperature outside is hitting 27 degrees, winter woolies are waiting to be tried on. I advise my clients to book their personal shopping trips with me in now for October/November. Most people tend to buy key items at the end of the season and then aren't able to complete their look and are then left with a series of mismatched items.

Autumnal colours are much more subdued than summer colours (they have a yellow tone as opposed to blue). Fashion is heavily influenced by the current economic climate and less is definitely more. As most of you are aware I am not a dedicated follower of fashion but I do subscribe to the purchase of one or two key fashion items each season to jazz up a "classic" look.

The slouchy bags of last season will last well into A/W providing they are metallic, which goes with absolutely

everything. A wide leather or suede belt will enhance a skirt, jacket or a coat and this really does complete an outfit. The key is to accessorize but don't overdo it.

It's worth buying a coat as an investment

piece, tailored but NOT black. Only Mediterranean women look great in black. If you do have a trusty black coat and it isn't double-breasted, change the buttons, add a scarf in your seasonal colours and hey presto! A completely new coat without breaking the bank.

Dig out your boots, check they are polished and re-heeled or invest a good pair of leather boots now. Before you slit your wrists at the prospect of not baring your midriff in your bikini, let's retain our British optimism and wish for an Indian summer!

Please visit my website on [www.alteredimage.co.uk](http://www.alteredimage.co.uk) or give me a call on 0777 3077204 for further information.

*Nancy xx*

